

DEADLINE FOR MARCH

FEB. 26, 2011
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Shell Lake Hi-lites

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\$110. Classifieds \$15/mo.;
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Contact Carol at 427-2040

Fax: 427-2296

THANK YOU

Thank you to Elmer Lamadee and the Happy Wanderers for their entertainment.

The Villa Residents

CHURCHES

PARTNERS IN WORSHIP

Sunday worship and Sunday School at 10 a.m.

Family Service is on the first Sunday of the month.

ROMAN CATHOLIC CHURCH

Our Lady of Smiles is closed for the winter months. The parishioners are invited to attend mass in Spiritwood on Sundays at 11:15 a.m.

Sunday school at 10 a.m. and church service at 11 a.m.

EVANGELICAL FREE CHURCH, MONT NEBO

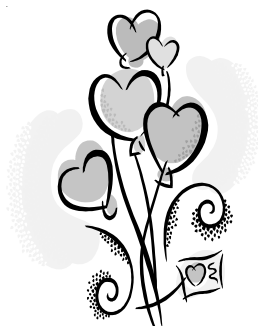
Sunday school at 10 a.m. and church service 11 am.

INTERNET GUESTBOOK

STAN QUON

<stanbyme@earthling.net>

Hi all! My mother was Helena Winnifed Hotvedt, daughter of Nora and Helge Hotvedt. Her sister, my Aunt Blanche Pott still resides in Shell Lake. Some nieces also living in your town are Rhonda, Nora and Donna



VOL12

Shell Lake Hi-lites Community

NO 02

FEBRUARY

2011

COMING EVENTS

VALENTINE SPECIAL

On Sunday, February 13th. at Holly Proulx's home there will be Mary Kay specials all day and door prizes. Velvete Suteau will also be present with her display of 'Lia Sophia Jewellery. Cheryl Turgeon will be hosting a gourmet tasting party - selling 'Sunset Gourmet.'

Everyone that comes will be our special guests for the afternoon.

There will be displays of the new foundations and new colours that Mary Kay is introducing this year!

Come and join in the fun, bring a car load! Hope to see you there.

From 1 p.m. - 5 p.m.

VALENTINE SUPPER

The Partners In Worship Annual Valentine's Supper is on Saturday, February 12th. Entertainment by Redberry Grass. Cocktails at 5:30 and supper at 6:30 p.m. at the Shell

Lake Lions Hall. Tickets \$25.00/ person. Contact Lorraine 427-2077, Sandra 427-2275, Shell Lake General Store, or Horizon Interior in Spiritwood.

MEMORIAL LAKE FISH DERBY

Memorial Lake Ice Fishing Derby will be on Saturday, March 6. Early Bird draw will be on February 16 for a \$300 gift certificate to be used at local businesses before Dec. 31/11, tickets have to be brought by February 14. The day will begin with a pancake breakfast at the Lions hall from 8 a.m. to 11 a.m. Fishing will begin at 12 noon. After the derby everyone is invited back to the Lions hall where prizes will be awarded and beef-on-a-bun and refreshments will be available. Tickets for the derby are available from the Shell Lake businesses or you can contact Frank at 427-2002 or Bill at 427-2056.



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The Lark Restaurant

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Pasta Nights
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**Shell Lake & District
Lion's Bingo 7:30 pm
Feb. 2 & 11
March 2, 16 & 30
April 13 & 27**

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Linda Potts
306 427-4617

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TEAM EDMONTON
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fourteen players. Donated by the
Edmonton Oilers, The Dubnyk
Family and The Feld Family.

Tickets are \$2.00 each or 3 for
\$5.00 and are available at many
Shell Lake outlets or you can con-
tact Cathy at 427-4580. Draw is
to be made MARCH 5th, 2011
at the Fish Derby.

All proceeds to the Shell Lake
Volunteer Fire Department.

Jersey can be viewed at the Shell
Lake Credit Union.

Thanks for your support.

COMMITTEE/CLUB ANNOUNCEMENTS

SHELL LAKE CURLING CLUB

Ladies Bonspiel will be
February 25-27, so gather up
your friends and enter a team to
Della at 427-4548.

SHELL LAKE & DISTRICT LIONS CLUB

Shell Lake Lions Club is
hosting their SPRING FLING
on Saturday, April 30. This years
entertainment is the Trudel Fam-
ily. Join this family of 6 with their
beautiful harmonies of Bluegrass/
Gospel music and talent of mu-
sical instruments including the

violin, accordion, mandolin,
acoustic guitar, bass, drums.

This family brings their love for
music to the stage and have just
finished recording a full length
CD called BELEIVE. This will
be an evening of great food and
entertainment you won't want to
miss!

SHELL LAKE 50 PLUS

Nel Heckel attended a Geron-
tology Institute at the Lifelong
Learning Centre in Regina on
Nov/25 and gave a report at
the potluck supper & meeting
on Monday night. People who
are involved in older adult learn-
ing or continuing education

have a positive impact on
overall health & well being in
later life. Older adults have
many reasons to continue to
learn. Some want to keep men-
tally active while others want to
study subjects they find interest-
ing, to continue their personal
development, to make up for
opportunities that they missed
when they were young, or to
learn for the pleasure of learn-
ing. Adults who continue to
stimulate their minds through
lifelong learning programs &
activities report many benefits
including: enhance self-confi-
dence & self-esteem; improved
mental alertness & emotional

well being; reduced social isola-
tion, loneliness & depression; in-
creased ability to maintain inde-
pendence or manage chronic
pain increased quality of life;
greater sense of overall well-be-
ing.

The fitness program is going
well! We are concentrating on
"Breathing, Bending, & Stretch-
ing". So come & join us on
Tuesdays & Friday mornings
from 10-11 a.m.

The wellness clinic is on
February 14 -treat yourself to
foot care.

Our annual membership tea &
bake sale is on Saturday Feb/19
at the 50+ from 1 to 3 p.m.
Come & get / renew your
membership & buy some
delicious baking.

The birthday party is on
February 21. Come and cel-
ebrate your birthday with all
your friends.

The Seniors Bonspiel is
February 28, March 1 & 2 with
a potluck supper on Monday
night 28 at 5 p.m.

The "World Day of Prayer" is
prepared by the ladies of Chile
on March 4 at the villa at 2 p.m.

SHELL LAKE LEGION BRANCH #15

January lotto winner was The
Royal Canadian Legion, with
thanks to the ticket purchased
and donated by a generous in-
dividual.

There are still 2011 Legion
calendars waiting for pick-up at
Flo Dicus's residence.

FOR THE RECORD...

Sonja Soyчук, formerly of
Shell Lake, passed away on
Nov.20, 2010 in Fort St. John,
B.C. at the age of 60. She leaves
to cherish her memory her
brothers, Bill, John and Peter
and a sister, Sylvia. She was
predeceased by her sisters, Agnes
and Olga.

Nixen Lane was born on
January 8, 2011 to **Allison
Batty-Simonar** and **Dillan
Simonar**, weighing **6 lbs. 5 oz.**
A little brother for Emeri!
Grandparents are John and
Darlene Batty and Dennis and
Linda Simonar. Great-grandpar-
ents are Jack and Evelyn Batty,
Olive Prystupa, Marjorie
Simonar, and Aida West.

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SOJ 2G0 or leave a message at
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